

# Honeyfield's



## Wild Bird Check List...Which Birds Eat Which Seeds

### Cereals

#### Wheat and Cut Wheat

*Sparrows, Doves, Pigeons, Pheasant and other birds as a second choice*

Most birds can eat wheat they just choose not to, if there are other choices available. There are no husks, so it is eaten quickly. Easily fed through most types of feeders, less palatable to smaller birds.



#### Flaked Wheat

*Finches, Tits, Sparrows, Blackbirds, Thrush and Robins*

Most birds will eat including fruit eating birds (Softbills), the cooking gelatinises the starch making it sweet and easy to digest, like popcorn. There are no husks and due to being cooked it won't grow, however it is less 'weather proof' and can also be dusty.



#### Maize and Flaked Maize

*Sparrows, Blackbirds, Doves, Pigeons, Pheasant, other birds as a second choice*

Higher in energy than wheat with a higher starch level, adds variety to a mix and will not grow, although can be pulled out by bird and discarded making a mess. Flaked Maize has a low oil content and can be dusty. Not easily fed through feeders so tends to be in ground food mixes. Loved by Blackbirds, Thrush and Robins.



#### Millet (red, yellow, white) and Dari (red and white)

*Sparrows, Dunnocks, Finches, Buntings and Collared Doves*

Small easy to eat seeds that are low in oil content but high in starch and Vit B. Adding variety and colour to the mix and attracting a broader range of birds easily digested they have husks easily dehulled by birds.



#### Whole Oats

*Sparrows, Doves, Pigeons, Pheasant, other birds as a second choice*

Higher in oil than wheat, gives variety in a mix in regards the number of seeds however is hard to dehusk, and birds struggle to eat it whole. Likely to be discarded and will grow. Less preferable to birds than wheat.



#### Peeled Oats, Pinhead Oat Meal and Flaked Peeled Oats

*Enjoyed by almost all birds, but very popular with robins*

High oil content, dehusked so easy to eat and less mess. Peeled Oats Will always have around 10% still with husk on which will grow if not eaten. Pinhead Oat Meal is very popular for young birds. Chopped so can be eaten quickly by smaller birds, can be dusty. Flaked Peeled Oats have been cooked so will not grow and will be more palatable. Protein will also be more soluble due to the rolling but can be dustier.



### Straights

#### Sunflower Hearts

*Almost all garden birds love them*

No hulling required, no mess and no grow! Birds love them, up to 60% oil so high in energy and will be a second choice for insect and fruit eating birds. From hulled Black Sunflowers.



#### Black Sunflowers

*Tits, Sparrows and Finches*

High in oil this is seen as a premium seed particularly in entry level mixes, husks can make a mess. Some birds cannot open husk to get to the seed, time is taken to dehusk which reduces amount consumed and can expose the birds to increase predation.



#### Peanuts

*House sparrows, nuthatches, great spotted woodpeckers, coal tits and siskins*

Peanuts have a high oil content, around 50% full of essential oils and protein a good around food for wild birds. Need to be fed through a specific Peanut Feeder as young birds can choke on whole peanuts, so feed whole nuts through a mesh feeder April to August. There is a risk of Aflatoxin so buy from a reputable supplier and check there 'safe' peanuts. Kibbled Peanuts can be fed through most feeders.



#### Nyjer Seed

*Goldfinches, Siskins, Greenfinches and Redpolls*

High oil content, attracts some of the less common and more colourful birds, feed through a specific Nyjer Seed feeder that not only stops the small seed being lost but also avoid larger birds feeding. Seed will grow quickly if dropped so add a tray to the bottom of the feeder to catch the seeds!



### Extras

#### Mixed Fruit, Raisins and Sultanas

*Blackbirds, Thrush, Robins*

Favourite for fruit eating birds, mainly ground feeding, has a high sugar content. Dust can stick to raisins making them look less attractive. Ideally buy a mix that contains already or add to your favourite mix.

#### Meal Worms

*Robins, Blue Tits, Dunnock, Pied Wagtails, Wrens, Blackbirds*

A convenient way to feed insectivorous (insect eating) birds, which are some of the most popular and fun garden birds but they do have a smell!

#### Suet - Pellets / blocks / logs / Fat balls

*Most birds will love suet*

Excellent as an instant high energy food, fed all year but especially during the winter months also during the breeding season. Use a specific feeder for fat balls and blocks, pellets will feed easily in most seed feeders and can be added to a favourite mix.



#### Rapeseed Oil

Adds gloss to the mixes and lots of Omega.